



# Arunachala Mountain Retreat Registration Form

Registration after 12 noon on Sunday 07th October 2018

Departure before 12 noon on Sunday 21st October 2018

Tiruvannamalai, Tamil Nadu, South India

Full Name (as in passport)

Reason For Attending

Address

Postcode

Nationality

Age

Gender/Sex

Email Address

Telephone No.

(please add area code)

Cell Phone No.

(please add country code)

Occupation

## FOR PAYMENT PLEASE NOTE

A Payment of £200 (Non refundable) is required along with this booking form. This will NOT be returned to you during the retreat. People should submit a Payment only if they are certain of their ability to comply with the retreat code of conduct (see below). We have limited spaces.

**(PAYMENT ONLY IN POUNDS)**

POUNDS

(please enter amount sent)

## Methods of Payment

Please pay TSB Bank the for the credit of **Shiva Trust Fund**  
sort code 77-76-07 a/c number 13268168  
IBAN code : GB89LOYD77760713268168  
BIC code : LOYDGB21K81

Please send a cheque along with your booking form to:  
Shiva Trust Charity - Vidya Matha, 331 Burnley Road,  
Rossendale, BB4 8LA.

## Sri Ramana Devi Ashram Retreat - Code of Conduct

*Please read the following information thoroughly - including guidelines for respectful ashram etiquette, & your signature of acceptance is asked at the end of the notes. Thank You.*

1. Respect the Guru - Satguru Sri Ramana Devi, yourself and other participants
2. Respect the ashram environment
3. Take care to preserve the cleanliness of the Ashram
4. We have a curfew of 9pm for all participants. The gates of the Ashram will be closed at 9:00pm. Please adhere to ashram curfew of 9pm. (*\*Exceptions being if there is an organised walk around the Arunachala mountain that will finish after 9pm or any other organised activity*).

5. The retreat participants are expected to devote themselves to the retreat program so as to get the most out of their experience.
6. The accommodation is Normal Indian Ashram Standards. There will be one shower so you can wash, a sink and a roof fan. We have constant electric during the retreat, therefore any power cuts will be dealt with using our onsite generators.
7. Do not allow any strangers to visit your room. Persons staying outside the ashram are not allowed in rooms during the retreat.
8. Children are welcome on this retreat and are the responsibility of the parents or carer at all times, unless stated.
9. Deposits will NOT be returned during the retreat, all costs have already been subsidised by Sri Ramana Devi. If you do not arrive within 48 hours of the start date your deposit will not be returned. Unless it is due to unforeseen travel circumstances.
11. Security of your personal belongings is your responsibility at all times.

**This retreat has been provided for individuals and groups seeking spiritual growth under the supervision of Satguru Sri Ramana Devi and her team of Shishyas. Under no circumstances is the accommodation and food provided for the 2 weeks to be used as cheap accommodation for other purposes (people are expected to participate as much as possible in retreat activities).**

### **Dress Code**

In order to maintain the sanctity and high level of spiritual vibrations in the Ashram, all visitors are expected to adhere to a strict dress code reflecting purity and modesty, without attracting or distracting others in the ashram.

- The following options are not accepted in Indian Ashrams - short skirts exposing the legs, tight dresses, transparent/see-through clothing, Vest tops, outfits with exposed midriffs.
- Scarves or light weight shawls for women are required during all spiritual & group activities.
- Indian customs and social behaviour are commonly observed inside the Ashram premises.
- The consumption or possession of tobacco/tobacco products, alcoholic drinks, and non-vegetarian food (including eggs) is prohibited. Gambling inside the premises is forbidden.

### **Disclaimer:**

- Please note and understand that we reserve the right to;  
Undertake short term changes in the retreat schedule.  
We have the right to refuse entry or remove any one for not respecting the retreat guidelines.
- We are not responsible for your visa, flights arrangements, transfer's for airport etc, immunisations and medical insurance.

*We do have many years of experience of travel concerns and are more than Happy to answer any questions?*

I accept and agree with the Code of Conduct of Sri Ramana Devi Ashram Retreat

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(please sign here)

*Om Namaya Ramana*

Vidya Matha, 331 Burnley Road, Rossendale, BB4 8LA. [www.sriramanadevi.org](http://www.sriramanadevi.org)  
admin@sriramanadevi.org tel: 01706 601 644

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