



# Patient Participation Group Newsletter

**Your Practice (Name here)** 

Draft Template for Practices to add their news

See pages below for East Lancs CCG & Rossendale Locality News

## **Your Locality (Rossendale)**

#### Out of Hospital Care for Children & Young People - Rossendale Pilot

Led by both ELHT and the EU Federation with support from CCG Commissioners this project is about to go live. This project is based upon a similar child health hub operating at the Imperial Hospital in London with the aim of providing improved working relationships between primary care, secondary care and wider partners through closer links and multi-disciplinary team (MDT) working. A joint MDT meeting will take place every 6 weeks between practitioners to draw up a care plan for more complex cases to reduce admissions to secondary care. This will ensure that patients get seen in the most appropriate service and that GPs feel supported to manage care locally with Consultant led clinical expertise.

The service will be aimed at patients in the 0 to 25 age group (Paediatrics and Transition age categories). The service will be delivered at one of the four Health Centres in Rossendale. Feedback from the Imperial model has demonstrated service user satisfaction with patient confidence that all clinicians involved in their care are working together and understand the care plan.

Based on the recent local Transformation event; Keeping Children out of Hospital, some of the clinical cases identified that may be suited to the Children's Hubs would be asthma, allergy, continence services and transition. This was based on high referral patents to secondary care, Right Care information and staff feedback.

#### **Community Paramedic**

The Rossendale Community Paramedic (Paramedic Richard Peters) has now reported on his project. There have been three key aspects to his role:-

- a) Operating a 999 rapid response for approximately 30% of his time
- b) Co-hosted and undertake clinical practice at Illex View Medical Practice, Rawtenstall for approximately 20% of his time
- c) Time protected for system leadership and special projects such as Frequent 999 callers, Care home visits, Integrated Neighbourhood Teams, School visits and supporting the Rossendale first responders

Although employed directly by North West Ambulance Service (NWAS) he has been working closely with the Rossendale GP Practices and mentored by Dr Zeenat Sykes of the Illex View Medical Practice.

This project was to have finished at 31 March 2017, but has been extended for a further 3 months and it is hoped can be extended beyond this initial extension as there is evidence that this role has both had a positive effect on local emergency response times and freed up some GP time.

#### **Dementia Friendly Rossendale (DFR)**

The Dementia Friendly Rossendale team have recently issued their winter newsletter and one of the key activities during 2017 will be the promotion locally of the national Dementia Awareness Week. This takes place between 14th to 20th May 2017 and activities lined up this year include:-

- Reminiscence steam train trips on East Lancs Railway
- Information stalls in our major supermarkets

- A dementia awareness drama presentation
- Business and community awareness events
- The dementia virtual tour
- Awareness events in our health centres
- Opportunities to get free advice on legal issues covering dementia

More DFR news is available @DementiaRoss whilst any specific queries can be directed to dementia.rossendale@gmail.com

#### Moving towards establishing a Community Health and Care Partnership

The Rossendale locality are considering a move towards being a properly constituted community health and care partnership through the extension of its current Steering Group structure although there is much to discuss. This could also allow for the development of new collaborations, ways of working and learning, raising awareness of the role of partners (resource and expertise), a collective focus in joining up existing programmes and projects, plus an early action approach for those at risk or vulnerable. The extended Steering Group would include amongst others representatives from Rossendale Borough Council, Police and Fire Services and Lancashire County Council, plus other key stakeholders.

## **Your CCG (East Lancashire)**

#### **Self-Care Survey**

NHS East Lancashire CCG is considering whether we should stop the availability of NHS prescriptions for readily available, and often low cost medicines such as; paracetamol, antihistamines, indigestion/heartburn relievers etc.

The CCG currently spends approximately £2.5 million, each year on prescriptions to treat common conditions which are readily available from pharmacies and supermarkets. It is estimated that nearly 40% of these prescriptions are an unnecessary cost to the NHS locally.

We would welcome your views on this. Please complete our online survey: https://www.surveymonkey.co.uk/r/ELselfcare

For more information on self-care prescribing, visit the CCG website: <a href="http://eastlancsccg.nhs.uk/get-involved/current-engagement/self-care-prescribing">http://eastlancsccg.nhs.uk/get-involved/current-engagement/self-care-prescribing</a>

#### **Gluten Free Food Prescribing**

From the 1<sup>st</sup> April 2017 NHS East Lancashire CCG will no longer support the prescribing of Gluten Free (GF) foods on the NHS and individuals who require GF food will be expected to purchase these items themselves.

Gluten Free foods are now much more widely available in supermarkets and to prescribe these on the NHS is significantly more expensive.

Full details on the decision to stop prescribing GF foods can be found on the East Lancs CCG website: <a href="http://eastlancsccg.nhs.uk/news/451-gluten-free-food-prescribing-press-release">http://eastlancsccg.nhs.uk/news/451-gluten-free-food-prescribing-press-release</a>

There is a range of resources concerning a gluten-free lifestyle on the coeliac society website: <a href="https://www.coeliac.org.uk/gluten-free-diet-and-lifestyle/">https://www.coeliac.org.uk/gluten-free-diet-and-lifestyle/</a>

### **PPG Workshop 25th January**

Over 80 PPG and GP Practice representatives attended the PPG workshop on the 25<sup>th</sup> January at Walshaw House.

Here are some photos from the day:







