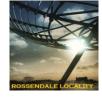
## WATERFOOT GROUP OF DOCTORS

Waterfoot Health Centre Cowpe Road WATERFOOT



East Lancashire Clinical Commissioning Group

## PATIENT PARTICIPATION GROUP NEWSLETTER SUMMER 2015

Issue 1

## YOUR PRACTICE (WATERFOOT)



My name is Ronnie Barker, I retired from my day job as Managing Director of E. Sutton & Son Ltd in 2005 and as yet I haven't found the secret of what retirement is supposed to be.

I first got involved when the Waterfoot Group of Doctors invited me along with 4 others to meet to consider setting up a Patients' Reference Group. I didn't know the first thing about what was involved which appeared to be a pre-requisite as I was elected as Chair in November 2012 with the simplest Terms of Reference we could think of. My friends in the Irwell PPG in Bacup had been meeting for over a year and gave me an insight into what may be expected.

Our Lead GP and the Strategic Director have supported us throughout and have given us a 'free reign' to set our own agenda and action plans.

I am a believer in 'Partnership Working' and really think the Patient Participation Groups would be stronger working together sharing issues, concerns and 'Best Practice' and along with others I have a vision of a Rossendale PPG Network helping to achieve this. Attempts so far have resulted in the setting up of a Facebook Information page and a couple of meetings to discuss key issues and engage Patients on consultations. I represent Rossendale on the CCG Locality Steering Group

## YOUR LOCALITY (ROSSENDALE)

### Integrated Neighbourhood Team

Rossendale is planning the implementation of an Integrated Neighbourhood Team with a single hub and referral process. Monthly multi-disciplinary team meetings are taking place at locality level at present, with a focus on relationship building, but are to progress to casemanagement in the next period. The perceived impact of the over 75s nurses in the primary care partnerships across Rossendale is being evidenced.

### **Dementia Awareness Week**

The locality has been supporting a series of events throughout Dementia Awareness Week. Volunteers from Dementia Friendly Rossendale have led a number of dementia cafes and dementia friends events in order to raise awareness of the condition.

### Helmshore County Primary goes Dementia Friendly

On 30 June 170 primary school pupils undertook Dementia Friends Training at their school in Helmshore. The session was run by Rachel Yates, who was especially pleased by the enthusiasm and understanding that these youngsters showed during the session. It is hoped that they will pass their understanding about Dementia onto their Parents, Grandparents, Aunties and Uncles over the coming weeks and months.

There has already been some interest from the other primary schools in Helmshore for a Dementia Friends session to be held.

## YOUR CCG (EAST LANCS)

### Awards

The CCG has been shortlisted for the HSJ Value in Healthcare Award 2015 for the medicines management entry: Improving Care Quality and Medicines Optimisation in Care Homes and has been nominated for the National Diversity Awards – Diverse Company of the Year.

## Compassion in Care Week

On the week of the 22 June the CCG held a Compassion in Practice week at which it introduced the concept of Compassion Champions. Kate Granger (instigator of #hello my name is) visited and launched the week of events which included Compassion Champion workshops. The workshops centred on what compassion is, the importance of quality in compassionate care, the

6C's, Dementia Friends and how to implement both compassion and #hello my name is....in practice.



# Protected Learning Time Learning Disability

This event was held on the 20 May aimed at GP's, nurses and other health professionals and was organised in order to understand how access to annual health checks for patients with a learning disability can be improved and what the barriers and challenges are. The event was opened by the 'Moving Feast' Theatre Group who enacted a moving account of life as a patient with a learning disability.

### YOUR PRACTICE

and even though elected after Interview I would feel much better if my views were formed collectively rather than personally.

For the last 11 months I have sat on the Access to Primary Care Services Co-Production Group of the East Lancs CCG, with members from the other Localities (Boroughs), and as this is ongoing with much to do before a 'Service Model' is finalised, there will be many opportunities to help to shape the future of our NHS Services locally.

One of the things at the top of every PPG Action Plan seems to be the desire to produce a Newsletter. The frequency would vary, but at least guarterly, and the main thing I have learned being involved at CCG Level is how much I didn't know about the current services being commissioned. This triggered the idea of a 'Newsletter Template' covering Health Topics, Generic Information and Self-Management guidance for good Health and Wellbeing, with a page/space for Individual GP Practices to add their own information before final publication. A draft has been produced to see if you like the idea and we ask you to share your thoughts for improvement. The newsletter will combine East Lancs CCG, Rossendale Locality and Individual news.

I would appreciate any comments on anything that would help me to better represent the Rossendale views from a Patient perspective at the CCG. I can be contacted by email at ronniebarker@virginmedia.com. Please also let me have any comments relating to the Newsletter Template.

Virtual Dementia Experience to take place 9/10/11 September at VIC Centre in Haslingden. To book email

dorothy.mitchell100@gmail.com

Colouring for Adults available Sept by VIC 01706 833180 or email info@veteransincommunities.org

## **YOUR LOCALITY**

### Cinema for All

Dementia Friendly Rossendale is to be involved in a pilot initiative alongside Rossendale the Museum. With sponsorship from the British Film Industry, Rawtenstall is one of only four areas in the UK to show reminiscence films whilst gauging the support / appetite for these to be held on a regular basis. The first of the films will be screened on Wednesday 16 September. Further details will be available shortly on the DFR web site at

www.eastlancsdementia.org/dem entia-friendly-rossendale

### Prescription for Wellbeing

The CCG appointed Burnley, Pendle & Rossendale Council for Voluntary Services (CVS) and Hyndburn and Ribble Valley Council for Voluntary Services to deliver a small grants programme across East Lancashire. The scheme is known as "Prescription for Wellbeing" and aims to fund small, local voluntary and community organisations to provide socially orientated support for patients in the Community. Successful Rossendale applications included:

**Crossroads Care East Lancashire: Getting Together Singing Group.** For people living with either dementia, Parkinson's and/or who have experienced a stroke.

### Friends Reminisce:

**Reminiscence Sessions** in the Whitaker Museum and Art Gallery, Rawtenstall. Reminiscence sessions for older people living with dementia and others who may go on to develop it.

Community Assets Standing Tall: Healthy Connections – Past & Present. Memory days and memory box workshops to stimulate the mind and memory activity.

Seniors Together in Rossendale: **Memory Box.** Participants encouraged to bring their own photos, production of family trees, photo collages or communal photo boards and keepsake boxes.

## YOUR CCG (EAST LANCS)

### **360<sup>0</sup> Stakeholder Survey**

The CCG 360° stakeholder survey was commissioned by NHS England to stakeholders allow to provide feedback on their working relationship with the CCG, ultimately improving quality and outcomes for patients. It's important for us to know what our stakeholders, including our member practices, think of us and how we can improve as an organisation.

The CCG invited a number of stakeholders to complete the survey including GP member practices, other CCGs, health and wellbeing boards, patient groups and other NHS providers. The highest response was from GP member practices – out of 73 invited to take part, 68 (93%) responded. The survey was conducted between 12 March 2015 and 8 April

### **Primary Care Development**

An enormous amount of work has been carried out over the last 12 months with patients and stakeholders, developing a range of key principles and values. Patients have told us they want to access services closer to home and, if possible, for these to be at their own GP practice. Some patients would like to see more online access and the use of alternatives to face to face consultations, such as telephone, skype or e-mail. Access to good quality information to support the choices patients make in accessing health and care and to support them in taking care of their own health was considered to be extremely important.

Patients, providers and commissioners were invited to attend a multi-speciality event in July to launch the co-design process with a view to working together on a borough footprint.



