

Irwell Medical Practice

Irwell Mill
Rochdale Road
Bacup



NHS
East Lancashire
Clinical Commissioning Group

PATIENT PARTICIPATION GROUP NEWSLETTER AUTUMN 2015

Issue 2

YOUR PRACTICE (Irwell Medical Practice)



Hello, my name is Diane Owen and I am the new chair of the Irwell Medical Practice Patient Participation Group (PPG). PPG's are made up of volunteers that work in partnership with their GP practice representing patients' views. The group meets every 3 months to share information and occasionally we have talks from representatives and groups that could benefit patients. Meetings are informal and volunteers also help at the annual flu clinics, complete surveys, talk to patients, attend Clinical Commissioning Group consultation events and help at GP training sessions.

Are you a patient from **Irwell Medical Practice**? If so we are always looking for volunteers of all ages who are interested in making the views of the patients known and want to help continually improve the services at the practice. All you need is some enthusiasm and a few hours to spare over the year.

If you are interested in becoming a member of the PPG or wish to pass on some comments or suggestions please contact me via email irwellppg@gmail.com or post in the suggestions box at the practice.

YOUR LOCALITY (ROSSENDALE)

Share your experience

East Lancashire Hospitals NHS Trust Care Quality Commission 21 October 2015. Hospital services inspected will include:-

Surgery, Medical, End of Life Care, Emergency Department and Governance (includes complaints & leadership). Tell us your experiences of the service.

Online form:

<http://www.cqc.org.uk/share-your-experience-finder>

Email: enquiries@cqc.org.uk

Phone: 03000 616161

CCG of the Year Award

East Lancashire CCG has completed the first part of the assessment process with a visit from judges at the end of September and will now be followed by a final presentation to the judging panel in November with an award ceremony on 18 November 2015.

Accrington Community Sister chosen as a Queens Nurse

An Accrington nurse looking after the over 75s in the town is to be appointed with the prestigious title of Queens Nurse from the Queens Nursing Institute for her commitment to high standards of patient care, learning and leadership.

Lisa Murray is a Community Sister for the Blackburn Road Medical Practice, Abbey Street Surgery, Richmond Medical Practice and King Street Surgery and has the responsibility of working with patients aged over 75 to enhance their quality of life and keep them out of hospital.

YOUR CCG (EAST LANCS)

Integrated Neighbourhood Team

Rossendale is continuing to develop an Integrated Neighbourhood Team which will allow for a single hub and referral process. A key feature will be monthly multi-disciplinary team meetings which will focus on ensuring that those most vulnerable in our community are cared for in a co-ordinated way. The INT is being hosted by Rossendale Hospice and will build upon the Support Nursing Team that is already employed by the Hospice and which is now well established in Rossendale. A befriending service that is also hosted by the Hospice is set to become more established with an agreement that it should be retained for a second year.

Alder Grange School Goes Dementia Friendly



To be the first in anything is quite an achievement and Alder Grange School in Rawtenstall has recently become the first school in the UK for all of its pupils and staff to go through an Dementia Friends awareness session. The sessions were supported by BUPA with some materials supplied by the CCG and involved some 900 pupils.

These awareness sessions have given the staff and students the skills and knowledge to become Dementia Friends and support those living with the condition to feel part of the community. Dementia Friendly Rossendale is a community led initiative supported by local statutory organisations and is now in its second year.

**YOUR PRACTICE
(Irwell Medical Practice)**

**YOUR LOCALITY
(ROSSENDALE)**

**YOUR CCG
(EAST LANCS)**



Flu season is well and truly upon us and we at Irwell Medical Practice want to make sure our patients are well protected! If you are pregnant, suffer from a chronic disease or are aged 65 or over you are eligible for a FREE flu jab at the surgery. Although local pharmacies are offering the flu jab please remember that your GP surgery has access to your full medical history and a record of your past immunisations.

If you are aged 70, 78 or 79 you may also be eligible for the shingles vaccination. The shingles vaccination is given as a one off and will reduce your risk of getting shingles. If you are unlucky enough to go on to have the disease, your symptoms may be milder and the illness shorter. It's fine to have the shingles vaccine if you have already had shingles as it will boost your immunity against further shingles attacks.



Welcome to the 3 newest members of the Irwell Medical Practice team:
Sumi Miah has recently relocated to the area and has joined our admin & reception team.
Michelle Barry has recently joined our nursing team as a Healthcare Assistant.
Edwina Foote has joined our admin team after the Green Dreams project contract ended. Please note that Edwina will NOT be seeing patients in her previous capacity of Green Dreams Practitioner.

Prescription for Well Being Grants

For the second year running the CCG through Burnley, Pendle and Rossendale CVS have provided grant funding to local organisations. A total of 14 grants have been placed with organisations who will provide services in Rossendale which equates to £117,000. A further 11 schemes are being funded across all three of the localities (Burnley, Pendle and Rossendale) which equates to an investment of £113,000. Amongst the schemes funded in 2015/16 are ones that are aimed at Dementia patients, military veterans and their families and activity opportunities for all ages.

Avoiding Prescription Waste

Rossendale GPs and Pharmacists working in our locality are concerned about prescription waste so much so that they would like to raise awareness amongst patients. It is estimated that nationally waste medicines cost the NHS £300 million each year. The advice from the healthcare professionals is that you should not order any medication that you no longer take. Also remember to tell the doctor if you are not taking any medicines prescribed to you.

Patient Appointment reminders

The CCG has supported all of the Rossendale GP Practices in the use of text reminders of patient appointments. If you would like to receive text reminders then let your GP practice know.

Changes to surgeries at Irwell Medical Practice

Dr Cormack and Dr O'Malley have reduced their sessions. These have been replaced by Dr Roxburgh and Dr Thompson.
 If you are unable to get an appointment with Dr Cormack or Dr O'Malley in the time frame you prefer, please consider seeing the other doctors at the practice.

East Lancashire Integrated Neighbourhood Team

All of our localities are continuing to develop Integrated Neighbourhood Teams which will allow patients to be seen in a co-ordinated way, ensuring that the care of those most vulnerable in our community are cared for. Patient leaflets are currently being prepared that will be available in GP Practices and distributed by those working in the respective Integrated Neighbourhood Teams.

Prescription for Well Being (Social Prescribing) Grants

The CCG through partnership with both Burnley, Pendle and Rossendale CVS and Hyndburn and Ribble Valley CVS have provided grant funding to a wide range of local organisations. In total of 169 applications were received from which 94 were successful. In total £680,000 has been distributed and typical schemes will involve Volunteering, Physical Activity, Arts and Creative activity, Learning new skills, Befriending, Support to access employment, housing and debt advice and many more interventions.

The CCG Annual Report

This is now available on our web site at www.eastlancscg.nhs.uk



Produced in partnership with Irwell Medical Practice

