

## **ROSSENDALE HEALTH AND WELLBEING PARTNERSHIP**

**Friday 20 October 2017 – Futures Park, Bacup, Rossendale**

**Present:** Cllr. B. Ashworth (Chair), Alison Wilkins (RBC Communities), Cllr Amanda Robertson, Steve Simmonds (Spice), Rev. Rod Bevan (EDCP/White Horse Project), Angela Hammonds (Lancashire Fire & Rescue Service), Matt Wiseman (REAL), Andy Laverty (ELCCG), Phil Holden (Rossendale Leisure Trust), Graham Walton (Carers Link Lancashire), Andrea Hopwood (Lancs Wellbeing Service), Tricia Brindle (Newground Together), Gillian Lander (Wellbeing, Prevention and Early Help Service, LCC), Dave Mullin (Mosscare St Vincents), Peter Dunn (CVS), Elaine Butt (Community Restart), Marie Demain (LCC Public Health), Lorna Robinson (RBC Env. Health), Richard Peters (NWAS), Ian Turnbull (Raft)

**Apologies:** Paul Mason (DWP), Brian Topping (Dementia Friendly Rossendale)

**Notes from the last meeting** – these were accepted as an accurate record.

### **1. Update on Rossendale Health Partnerships**

Cllr Ashworth gave a brief update on the new Rossendale Community Health Partnership which has recently been developed, particularly to involve GPs and CCG / statutory partners. The Health and Wellbeing Partnership will continue to meet as it plays an important role, particularly in bringing together third sector organisations. However it is important that the two groups are linked together.

### **2. Spice Time Credits**

Steve Simmons from Spice gave a presentation on the Spice Time Credits. He explained they are a community currency and people can earn 1 time credit for each hour of time they give. The credit is a physical note, like money. The scheme started in Wales with people who are time rich but money poor and is about using assets to enrich the community.

The time credits can be used in places like leisure centres, Blackpool Tower, Tower of London, soft play centres etc. Full details are on the spice website and are constantly being added to. Work is ongoing to increase the number of places across East Lancashire where the time credits can be spent. Different areas use them in different ways and some Councils, e.g. Chorley are very much on board.

North West data indicates that nearly 50% of people haven't previously volunteered indicating potential to bring in new volunteers using time credits. Organisations have to be part of a time credit network in order to issue time credits.

Spice are a partner in the Living Well Living Better project in Rossendale, running until 31 March 2018. There is an opportunity for local groups to link into the time credits scheme during that time.

### **3. Priorities 2017/18**

At the last meeting in July, it was agreed that a task and finish group would meet to look at the priorities proposed. The following people agreed to be on the T&F group: Phil Holden, Barbara Ashworth, Elaine Butt, Graham Walton, Andrea Hopwood, Angela Hammonds, Marie Demain, Andy Laverty and Peter Dunn. The group will meet to look at the priorities for the H&WB Partnership, ensuring they link into Community Health Partnership priorities as CCG funding will be focussed on these.

### **4. Partner Updates**

Cllr Ashworth advised that plenty of time had been allowed for updates at this meeting.

- Cllr Ashworth advised that Paul Walker who has been taking the lead on health for RBC is leaving. Sam Plum, Director of Communities, will be the lead going forward.
- Andy Laverty reported that Care Navigation is now live in Hyndburn. It is about signposting people at the first opportunity to the most appropriate service e.g. opticians for minor eye problems, to increase awareness of community activities and reduce GP demand. All GP reception staff will be given training. Once up and running, it was suggested that one of the practice managers attend the meeting to give an update.
- NWAS – Richard Peters updated on his role, which is now permanent. He expects priorities to be set soon and will update at a future meeting.
- Newground – digital inclusion project undertaken at Masseycroft involving young people supporting older people. The young people earned spice time credits. More Positive Together project which covers East Lancashire supports tenants of social housing into employment, training and volunteering. Active Together project in East Lancashire, funded by LCC Public Health. Supports people into volunteering who wouldn't normally volunteer. Flower Pot trail in Bacup went very well in spite of vandalism and theft and there are plans to run it again next year.
- St Vincent's – now merged with Mosscafe to become a larger organisation. The homecare element is now called MSV Homecare, providing services for people over 60 who are vulnerable with the aim of keeping people in their own homes as long as possible.
- EDCP – Rod Bevan updated on the partnership which is 10 years old and held 10 events over the summer to celebrate. The largest event was a music festival in Edgeside Park with over 2000 people attending. It was a professionally organised event for families put on at a cost of £14,000. Going forward the partnership is working with Horse and Bamboo on an event and parade in Edgeside Park. Also putting on sessions for Mums and young children, to

tackle isolation, which have been really successful. They are looking to extend that side of provision.

- Credit Unions - First Choice CU covers a wide area with offices in Haslingden and Rawtenstall. They offer a much lower interest rate than pay day lenders etc.
- Rossendale Leisure Trust – running a project in Bacup getting inactive people active. They are looking for partners to help identify people for classes and activities. Also looking for a base in Bacup to run a working men’s club type activity but without alcohol, with pool, darts etc. as a way of encouraging men to participate. Other activities include buggy walks – meeting mums at the school gates and cricket on supermarket car parks. They are looking for partners to signpost people.
- WPEHS – Gillian Landor advised the new service is up and running. A What’s On Guide has been produced for the service. Family fun days have been run at The Zone in Rawtenstall with Children’s Social Care which have been very successful. Adult Learning courses are being run at Bacup and Haslingden Community Link – see What’s On Guide. The service undertakes detached work and can be directed to hot spot areas. The service still accepts referrals and weekly meetings are held to discuss.
- Carers Link – a grant was awarded from Living Well Living Better for a family fun day at Whitworth Water Ski centre. 90 people attended and it was a very good event. They are doing monthly events with Whitworth Library. Graham advised that they are struggling to engage with CLAW in terms of agreeing discounts for carers – **Action: Cllr Ashworth to pick this up.**  
Carers Link covers East Lancs, and also Preston for young carers. The service provides as much outreach in the area as they can and is hoping to have an office hub in Rossendale when suitable premises can be found.
- Raft are still very busy meeting supply and demand.
- Community Restart - new groups are starting in the area, peer support groups for OCD, fibromyalgia and support group for mild anxiety. The aim is to help people to develop an action plan for themselves for wellbeing and recovery.
- LCC Public Health – reports including Smoking Control Strategy, Substance Misuse, Dementia Strategy are due to go to Cabinet shortly. A 12 district suicide group is being developed.
- Environmental Health – their role is to react to complaints. They currently have 3 cases going through court, e.g. prosecuting landlords etc. The service also undertakes proactive work around private water supply testing, food hygiene etc.
- LFRS – Safe and well visits are complete. A new package is due to be delivered in homes. The focus now on winter campaigns, when there is generally an increase in fires. Hoarding is a big issue.

## 5. Date of next meeting

Task and Finish group to meet on Friday 17 November, 9.30 at Futures Park.

Next H&WB Partnership meeting Friday 8 December, 9.30 at Futures Park, with focus on CHiL.