

ROSSENDALE HEALTH AND WELLBEING PARTNERSHIP

Friday 9th September 2016, 9.30am, Council Chamber, Futures Park, Bacup

NOTES OF THE MEETING

Present: Cllr. Barbara Ashworth (Chair), Stephanie Thornton, Heather Mullins - RBC, Shirley Foster, Sofiyah Ugradar – LCFT, Sharon Stansfield – Rossendale Hospice/Dementia Friendly Rossendale, Dennis Thomas – STIR, Heather Hamson – Quit Squad LCFT, Graham Walton – Carers Link, Lancashire, Melusi Ndebele – LCC Public Health, James Thomas – Whitworth PPG, Andrew Walmsley – Haslingden CC and Children’s centre/RBC councillor, Helen Holmes – University of Manchester, Rachel Hadfield – Lancs wellbeing service, Souta Van Wick – SCG/BCT, Rob Aindow – DWP Rossendale, Liz Hamilton – VIC, Ian Turnbull – The Raft foundation, Christine Flood – Rossendale CAB, Jane Allen – Inspire

External Speakers: Maggie Steel, Adele Abjuty – SERCO

Apologies: Abigail Parkinson – Lancs Wellbeing Service, Brian Topping – Dementia Friendly Rossendale, Paul Bayes – Greenvale homes, Rod Bevan – EDCP, Ronnie Barker, Barry Payton, Diane Owen – PPG, Andy Laverty – ELCCG, Trish Brindle – Newground

1. **Welcome and Introductions** – The Chair welcomed all to the meeting and explained there would be two presentations/information provided from SERCO about the settlement of asylum seekers in Rossendale and LCFT about mental health services available in Rossendale. In addition, there will be updates on the partnership priorities and the Living Well, Living Better project.
2. **Notes of the last meeting and matters arising** – Graham Walton asked that his organisation be amended on the notes to Carers Link, Lancashire (in two places). Andrew Walmsley asked that his role as a councillor be acknowledged on the notes in the interests of transparency. These changes will be made on the file notes.
3. **Placement of asylum seekers in Rossendale presentation.** – SERCO. Adele explained the work of SERCO and the project in Rossendale. There are currently 38 asylum seekers in Rossendale. The capacity of the borough for additional people will be decided shortly. There is a housing support worker for the borough – Nikki.Rawsthorne@serco.com. Adele explained that it is important that people have access to voluntary work, ESOL, befriending etc. This is often led by the Red Cross in other areas including having drop in sessions and access to trauma centres as appropriate. Adele would like to

attend the Health and Wellbeing Partnership on a regular basis in order to cement relationships and build new ones.

Presentation attached. ACTION: Heather and Stephanie to meet and look at strengthening the Rossendale community offer for asylum seekers inviting a range of stakeholders.

4. **Partnership priority – mental health and wellbeing** sub group – report attached.
5. **Partnership priority – healthy lifestyles** – Ken reported that the up and active initiative is doing well. 105 people are registered on a 12 week weight loss programme. There are 24 different sessions across Rossendale - 500 participants per week. One of the activities which is doing well is 'couch to 5K', designed for people who do not do any activity to eventually run 5K in 9 weeks. Also extended to schools. Weight management courses are like the slimming world model but free and other activities include dance, walking football, health walks and cardio tennis. There are 5 staff for Rossendale. ACTION; Cllr. Ashworth, Stephanie and Ken to meet to look at promotion and connection with community groups.
6. **Partnership priority – Tobacco** – Melusi presented the latest information on tobacco. Attached. He explained that trading standards are not receiving intelligence from the Rossendale area on the supply and distribution of illegal tobacco and encouraged members of the partnership to pass information to them. The number is 01772 532145 or email tsdo@lancashire.gov.uk. There is also a partnership event - a Tobacco Free Lancashire event in order to help shape a new Tobacco Control Strategy for Lancashire 2016-2019., for anyone with an interest in this area – see below.

Friday 23rd September 2016, 9.30 – 4.30pm at County Hall, Preston

Tobacco Free Lancashire is a partnership made up of representatives from Local Authorities, NHS Trusts and Clinical Commissioning Groups, Lancashire Constabulary, Lancashire Fire and Rescue and other key partner organisations across Lancashire, Blackburn with Darwen and Blackpool. It is chaired by elected members of Lancashire County Council, Blackpool Council and Blackburn with Darwen Council in order to ensure direct alignment and effective governance and reporting to the respective Health & Wellbeing Boards.

To book your place at this event, to attend the morning session you will need to use this link <http://www.eventbrite.com/e/tobacco-free-lancashire-strategy-event-tickets-27026203101>. If you would like to attend for the afternoon session then please use this link <http://www.eventbrite.com/e/tobacco-free-lancashire-strategy-event-tickets-27026300392>.

If you would like to attend the whole day then you will need to register twice using both links.

Heather from the Quit Squad explained more about the services available, where, how and when and asked for help in promoting the service, taking leaflets etc. She explained that we are nearing 'Stoptober' which always generates more interest and business from local people. There was a discussion about e-cigarettes and growing dependency and young people. Stephanie reported from RBC that an Environmental health officer had visited a factory to make an inspection and noticed signs of smoking. She asked if the owner was interested in giving up and he asked her to refer the workforce to the quit squad who will be visiting. An example of making every contact count.

7. Mental health services in Rossendale – presentation and information

Shirley outlined her service which covers Rossendale, Hyndburn and Ribbles Valley. There are 5 practitioners including a psychiatrist. They receive referrals daily from G.P. surgeries, self referral or other professionals. These are then screened. Duty worker will assess the level of risk and make contact with the patient. In immediate crisis they will contact the home treatment team. Medium risk are discussed each day at 9.00 at a multi disciplinary team meeting and actions decided. Mild to moderate mental health issues are referred to Minds Matter.

The target is to deal with all referrals within 10 days. This is not being met currently. Currently more like 21 days. All people seen by this team are seen face to face.

52/60 referrals per week.

MINDSMATTER

Sofiyah talked through the service. Presentation attached.

This service is largely for people with mild to moderate anxiety and depression. They aim to see people within 6 weeks but this can vary with the type of treatment e.g. PWP – 6 weeks, CBT – 16 weeks, Counselling – 11 weeks.

8. Living well, living better project update

Stephanie gave a brief update on the living well, living better project – attached.

9. A.O.B./Partner updates

9.1 – there is a new health profile for Rossendale issued by public health. Stephanie will circulate.

9.2 Sharon – DFR – explained that Reminiscence group is starting up again having proved very popular in previous years. The latest newsletter is available via the web site.

9.3 SCG/BCT – Souta gave an overview of the current services. The café is open at the weekend 12 – 4 until the end of October. This has proved popular with park visitors, dog walkers and families and they are looking to extend this service next year with the development of a bespoke café at the entrance to the site. Dependent on funding. They are also introducing an upcycling scheme. Any old bikes in any condition can be donated and will be renovated and then sold or given to participants with no transport. On the 8th October is a soap box race with stalls. This also coincides with world mental health day on 10th October. The recovery college is doing well and recently celebrated its first birthday. They are involved in the Stubblelee masterplan work.

9.4 Andrew raised an issue with the wellbeing service about how they confirm the meeting places, times, venues etc, especially with more vulnerable customers. Rachel explained that this is usually by text but she would investigate whether reminders are issued on the day in certain circumstances.

9.5 JC+ - Rob explained that there is a national campaign starting to raise awareness of Universal Credit and asked if partners could take posters to display in their premises.

10. **DATE OF NEXT MEETING** – Friday 9th December 2016, 9.30, Futures Park, Bacup.